



The everlasting health experience

VITAMINS • MULTIVITAMINS • HERBALS
MINERALS • OTHER NUTRITIONS



www.vitaking.com



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Vitaking

is a hungarian company focused on developing and distributing nutritional supplements and other health related products both domestically and internationally. Our dynamic expansion lies on the recommendations of our loyal, satisfied customers and also on our distributors. Our mission is to provide a better quality of life by our natural products to our customers. Each and every product contains high concentration of active ingredients.

The production is in accordance with the strict regulation by the European Union. Our company being presented in this catalogue, has a wide range of products with vitamins, minerals, herbs and other dietary supplements, for all ages from children to the elders.



In 2022, Vitaking Kft. won the Superbrands Business award, which highlights the best brands in the business sector (B2B). Superbrands are brands that have earned an excellent reputation in their field. Brand values provide emotional and/or tangible benefits that consumers recognize and expect.



In 2021, 2020 and 2019, Vitaking Kft. received recognition in the category of Excellent Business Brand and Innovative Brand based on the decision of the Professional Committee of Hungarian Brands.



In 2016, Vitaking Kft. Received the Business Ethics Award. "A company that is consciously built, honest, gives a lot to quality and reliability, and works hard to advance its narrower environment. Beyond the size of a small business, it adds a lot to ethical, responsible operations." (This is how the founders and members of the jury commented on how Vitaking works.)



In 2020, Vitaking Kft. Received the gold grade of the Bisnode AAA (triple A) certificate, for the fifth year in a row. Our company is thus the most internationally recognized, reliable, creditworthy and financially stable company. In Hungary, only 0.63% of companies have such a certificate.



Vitaking Kft. Has been a stable supporter of the Campaign for a Drug-Free World in Hungary for more than a decade, and main supporter in the recent years. We consider it important to properly educate the next generation and educate them on a health-conscious lifestyle.

VITAMINS



Vitamins are organic compounds that support the body’s biochemical processes. Each has a unique chemical structure and has their specific function in our body. Our body is unable to synthesize most of the vitamins in an adequate amount or in any amount, so we need to make sure we consume it with our daily nutrient, or with the right supplements.

Vitamins B

SUPPLEMENT FACTS	
serving size 1 capsule:	
Vitamin B1	100mg



VITAMIN B1
(60 capsules)

SUPPLEMENT FACTS	
serving size 1 tablet:	
Vitamin B1	250mg



VITAMIN B1
(100 tablets)

SUPPLEMENT FACTS	
serving size 1 tablet:	
Vitamin B3	100mg



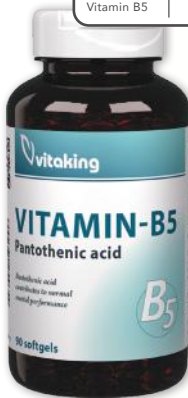
NIACIN
(VITAMIN B3)
(100 tablets)

SUPPLEMENT FACTS	
serving size 1 tablet:	
Niacinamide	500mg



NIACINAMID
(VITAMIN B3)
(100 tablets)

SUPPLEMENT FACTS	
serving size 1 softgel:	
Vitamin B5	200mg



VITAMIN B5
(90 softgels)

SUPPLEMENT FACTS	
serving size 1 tablet:	
Biotin	900µg



BIOTIN
(VITAMIN B7)
(100 tablets)

SUPPLEMENT FACTS	
serving size 1 capsule:	
Folate	400µg



FOLATE
(VITAMIN B9)
(60 capsules)

SUPPLEMENT FACTS	
serving size 1 capsule:	
Vitamin B12	500µg



VITAMIN B12
500µg
(100 capsules)



SUPPLEMENT FACTS	
serving size 1 capsule:	
Methylcobalamin	500µg
Hydroxocobalamin	250µg
5'-Deoxyadenosyl cobalamin	250µg



VITAMIN B12 1000µg
(60 and 90 capsules)

SUPPLEMENT FACTS	
serving size 1 tablet:	
Vitamin B1	50mg
Vitamin B2	40mg
Niacinamide	50mg
Pantothenic acid	50mg
Vitamin B6	25mg
Biotin	50µg
Coline	50mg
Inositol	50mg
PABA	50mg
Vitamin B12	50µg
Folate	400µg



MEGA B-50 COMPLEX
(60 tablets)

SUPPLEMENT FACTS	
serving size 1 tablet:	
Vitamin C	500mg
Vitamin B1	100mg
Vitamin B2	25mg
Coline	25mg
Pantothenic acid	25mg
Vitamin B6	25mg
Niacinamide	25mg
Inositol	25mg
PABA	25mg
Folic acid	400µg
Vitamin B12	25µg
Biotin	25µg



STRESS B COMPLEX
(60 tablets)

Vitamins C

All our Vitamin C products are
awarded with the Hungarian
VALUE AND QUALITY GRAND AWARD



SUPPLEMENT FACTS serving size 1 chewable tablet:	
Vitamin C (ascorbic acid)	500mg
Raspberry powder	24mg
Buckwheat powder	19mg
Acerola cherry extract	5mg
Citrus bioflavonoid	2mg
Rutin	2mg
Hesperidin	2mg

ACEROLA C-500mg
(40 chewable tablets)



SUPPLEMENT FACTS serving size 1 chewable tablet:	
Vitamin C	500mg
Blueberries extract	8mg
Buckwheat powder	19mg
Rosehip powder	5mg
Acerola cherry powder	5mg
Citrus bioflavonoid	3,6mg
Rutin	1,52mg
Hesperidin	1,64mg
Black currant powder	0,58mg

ACEROLA C-500mg
(40 chewable tablets)



SUPPLEMENT FACTS serving size in 1/4 teaspoon:	
Vitamin C (ascorbic acid)	1000mg

ASKORBIC ACID POWDER
(150 and 400g)



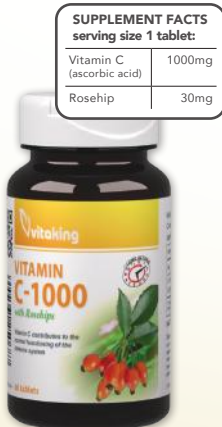
SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C	500mg
Rosehip	30mg

VITAMIN C-500mg
(100 tablets)



SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C (ascorbic acid)	500mg
Rosehip	30mg

VITAMIN C-500mg TR
(100 tablets)



SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C (ascorbic acid)	1000mg
Rosehip	30mg

VITAMIN C-1000mg TR
(60 tablets)



SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C	1000mg
Rosehip	25mg

VITAMIN C-1000mg
(30 and 100 tablets)



SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C (ascorbic acid)	1500mg
Rosehip	15mg

VITAMIN C-1500mg
(60 tablets)



SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C	1000mg
Citrus bioflavonoid	50mg
Acerola	50mg
Rosehip	10mg

**VITAMIN C-1000mg
WITH BIOFLAVONOID**
(30, 90 and 200 tablets)



SUPPLEMENT FACTS serving size 1 tablet:	
Vitamin C	1000mg
Vitamin D3	100µg-4000NE
Citrus bioflavonoid	50mg

VITAMIN C + D-4000NE
(90 tablets)

Vitamins D



SUPPLEMENT FACTS serving size 2 softgels:	
Vitamin D3	4000NE-100µg

**VITAMIN D3
2000IU**
(90 softgels)



SUPPLEMENT FACTS serving size 1 capsule:	
Vitamin D3 (Cholecalciferol)	4000NE-100µg

**D3-VITAMIN
4000IU**
(90 capsules)



SUPPLEMENT FACTS serving size 1 chewable tablet:	
Vitamin D (Cholecalciferol)	50µg (2000NE)

**VITAMIN D3
2000IU**
(90 and 210 chewable tablets)



SUPPLEMENT FACTS serving size 1 dose (2 drops):	
Vitamin D3	4000IU-100µg

**VITAMIN D3 DROPS
2000IU**
(10ml)



SUPPLEMENT FACTS serving size 1 dose:	
Vitamin K2	25µg
Vitamin K1	4450µg
Vitamin D3	2000IU-50µg

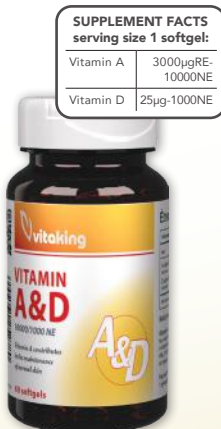
**VITAMIN D3 + K1 + K2
DROPS 1000IU**
(10ml)

Other vitamins



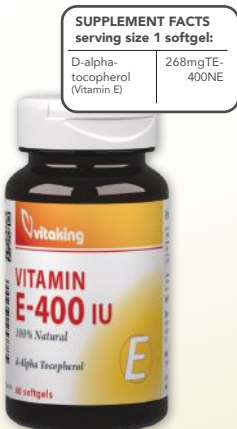
SUPPLEMENT FACTS serving size 1 softgel:	
Vitamin A	10000NE-3000µgRE

VITAMIN A
(250 softgels)



SUPPLEMENT FACTS serving size 1 softgel:	
Vitamin A	3000µgRE-10000NE
Vitamin D	25µg-1000NE

VITAMIN A & D
(60 softgels)



SUPPLEMENT FACTS serving size 1 softgel:	
D-alpha-tocopherol (Vitamin E)	268mgTE-400NE

NATURAL VITAMIN E
(60 softgels)



SUPPLEMENT FACTS serving size 1 capsule:	
Vitamin K2	90µg

VITAMIN K2
(30 and 90 capsules)

MULTIVITAMINS



According to the theory of the weakest link, no matter how strong is the chain, it will break at the weakest eye. For example, magnesium is not just contributes to normal muscle function but has a role in maintaining normal bone structure. In the absence of vitamin D, Magnesium can not properly utilized in our organization. Vitamins and Minerals work together in a system well, therefore it is worth to consume them in a complex form.

SUPPLEMENT FACTS serving size 1 tablet:			
Vitamin A	1500µgRE-5000NE	Iodine	150µg
Vitamin B1	4,2mg	Calcium	145mg
Vitamin B2	4,6mg	Chromium	35µg
Niacinamide	16mg	Magnesium	75mg
Vitamin B6	4,6mg	Manganese	5,5mg
Vitamin B12	21,6µg	Copper	900µg
Pantothenic acid	10mg	Selenium	55µg
Biotin	54µg	Iron	6mg
Folate	400µg	Lutein	1mg
Vitamin C	180mg	Lycopene	600µg
Vitamin D3	800NE-20µg	Chlorophyllin copper complex	6mg
Vitamin E	25NE 16,73mgTE	Thyme extract	2mg
Vitamin K2	(Mk-7) 25µg	Peppermint extract	2mg
Zink	11mg	Rosemary extract	1mg

DAILY ONE
(90 and 150 tablets)

SUPPLEMENT FACTS serving size 1 tablet:	
MSM	700mg
Horsetail extract 4:1	250mg
L-cysteine	100mg
Choline	50mg
Inositol	25mg
PABA	25mg

HAIR, SKIN AND NAILS
(30 and 60 tablets)

SUPPLEMENT FACTS serving size 1 tablet:			
Vitamin A	1500µgRE-5000NE	Niacinamide	50mg
Vitamin C	250mg	Molybdenum	15µg
Vitamin D3	10µg-400NE	Calcium	50mg
Vitamin E	30NE-20,07mgTE	Iron	10mg
		Phosphor	23mg
		Iodine	150µg
Vitamin B1	25mg	Magnesium	100mg
Vitamin B6	25mg	Zink	15mg
Vitamin B12	25mg	Selenium	25µg
Folate	400µg	Copper	2mg
Vitamin B12	50µg	Manganese	5mg
PABA	50mg	Chromium	100µg
Inositol	15mg	Manganese	5mg
Choline	15mg	Pantothenic acid	50mg
Biotin	50µg		

9 MONTH MULTIVITAMIN
(60 tablets)

SUPPLEMENT FACTS serving size 1 tablet:			
Vitamin A	1500µgRE-5000NE	Iodine	150µg
Vitamin B1	4,2mg	Calcium	145mg
Vitamin B2	4,6mg	Chromium	35µg
Niacinamide	16mg	Magnesium	75mg
Pantothenic acid	50mg	Manganese	5,5mg
Vitamin B6	4,6mg	Copper	900µg
Biotin	54µg	Selenium	55µg
Folate	400µg	Iron	6mg
Vitamin B12	21,6µg	Lutein	1mg
Vitamin C	180mg	Lycopene	600µg
Vitamin D3	800NE-20µg	Chlorophyllin copper complex	6mg
Vitamin E	25NE 16,73mgTE	Thyme extract	2mg
Vitamin K2	25µg	Peppermint extract	2mg
Zink	11mg	Lemonbalm ext.	2mg
		Rosemary extract	1mg

NICOVIT
(30 tablets)

SUPPLEMENT FACTS serving size 1 tablet:			
Vitamin A	1500µgRE-5000NE	Pantothenic acid	50mg
Vitamin C	250mg	Calcium	50mg
Vitamin D3	10µg-400NE	Iron	10mg
Vitamin E	30NE-20,07mgTE	Phosphor	23mg
		Iodine	150µg
Vitamin B1	25mg	Magnesium	100mg
Vitamin B2	25mg	Zink	15mg
Vitamin B6	25mg	Selenium	10mg
Folate	400µg	Biotin	50µg
Vitamin B12	50µg	Molybdenum	15µg
PABA	50mg	Copper	2mg
Inositol	15mg	Manganese	5mg
Choline	15mg	Chromium	100µg

MEGA 1 AND MEGA 1 FAMILY
(30 and 120 tablets)

SUPPLEMENT FACTS serving size 1 softgel:	
Vitamin E	414,61NE-287,3mgTE
Fish oil from this DHA: EPA:	107mg 12,8mg 19mg
Vitamin A	10000NE-3006µgRE
Selenium	20,5µg
Vitamin D3	1100NE-27,5µg

VITAMIN A+D+E
(30 softgels)

For kids



SUPPLEMENT FACTS serving size 3 tablets:			
Vitamin C	350mg	Pantothenic acid	9,99mg
Calcium	126mg	Zink	7,5mg
Magnesium	63mg	Vitamin B6	6mg
Vitamin E	30NE-20,4mgTE	Vitamin D3	24,99µg-1000NE
Bioflavonoids	50mg	Vitamin B1	4,5mg
Iodine	150µg	Vitamin B2	5,1mg
Selenium	15µg	Biotin	45µg
Copper	0,99mg	Folic acid	400µg
Manganese	2mg	Vitamin B12	18µg
Chromium	20µg	Vitamin K1	30µg
Molybdenum	20µg	Choline	50µg
Iron	9mg	Inositol	50µg
Vitamin A	5000NE-1500µgRE		

MEGA VITAMIN FOR TEENS
(90 tablets)



SUPPLEMENT FACTS serving size 1 chewable tablet:	
Vitamin A	3000NE - 902µgRE
Vitamin C	60mg
Vitamin D3	600NE - 15µg
Vitamin E	30NE-20,4mgTE
Vitamin B1	1,5mg
Vitamin B2	1,7mg
Vitamin B6	2mg
Vitamin B12	6µg
Biotin	40µg
Pantothenic acid	10mg
Folic acid	400µg
Niacin	15mg
Zink	12mg
Calcium	120mg
Iron	18mg
Iodine	150µg
Copper	2mg

MULTIVITAMIN FOR CHILDREN
(90 chewable tablets)



Liquid multivitamins

SUPPLEMENT FACTS serving size 3 softgels:			
Vitamin B1	99mg	Vitamin D3	24,75µg
Vitamin B2	39mg	Folate	399µg
Vitamin A	1500µg	Vitamin E	245,7mgTg
Niacinamid	50mg	Calcium	300mgg
Vitamin B6	24mg	Magnesium	125mg
Vitamin B12	50µg	Zink	7,5mg
PABA	50mg	Iron	9mg
Inositol	50mg	Selenium	12,6µg
Biotin	50µg	Copper	1mg
Pantothenic acid	50mg	Manganese	2mg
Folic acid	400µg	Molybdenum	12,6µg
Coline	50mg	Lutein	1,5mg
Vitamin C	750mg	Chromium	24,9µg
Iodine	112,56µg	Acerola extract	10,5mg
Green tea extract from this Kathein	150mg	L-glutamic acid hydrochloride	12,5mg
EGCG	60mg	Ginseng extract from this ginsenosid	4,875mg
Kaffeine	15mg		3,9mg



MULTI LIQUID PLUS
(30 and 180 softgels)

SUPPLEMENT FACTS serving size 1 package:	
Vitamin B1	0,38mg
Vitamin B2	0,43mg
Niacin	5mg
Vitamin B6	10mg
Vitamin B12	25µg
Pantothenic acid	2,5mg
Vitamin C	1000mg
Zink	2mg
Chromium	10µg
Magnesium	60mg
Manganese	0,5mg
Sodium	60mg
Alpha lipoic acid	1mg
Quercetin	1mg



VITADRINK
(10 and 28 packages)

Professional MULTIVITAMIN

Every day, for everyone



VALUE AND QUALITY AWARD

Our Multi Profi product family won the Hungarian Product Grand Prize in 2017, which is an objective rating system and every year since 2018 Multi Profi products have been awarded the Value and Quality Grand Prize the trademark of high-quality goods and services.

THE MISSION OF THE VALUE AND QUALITY AWARD

This is an award for the recognition and reward of products, services, and business organizations that are demonstrably committed to quality in their operations and attach great importance to the production of high quality products and the provision of high quality services.

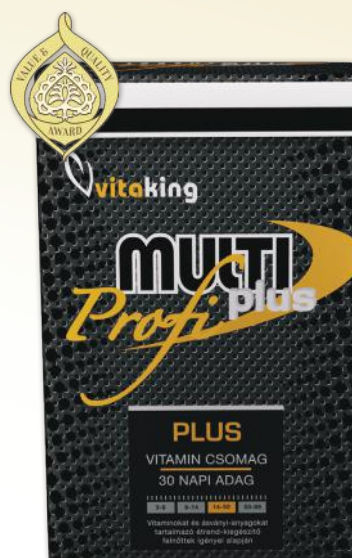
This is a success that we could not achieve without our partners and our customers. Each of our customers and partners has contributed to making these products so popular and successful. Today we can say that this is one of the most popular multivitamin family in Hungary, and it is a huge thing for us.





SUPPLEMENT FACTS serving size in 1-daily pack:			
Vitamin A	10000NE-3006µgRE	Vitamin D3	1300NE-32,5µg
Vitamin B1	150mg	Rosehip powder	10mg
Vitamin B2	40mg		
Vitamin C	1000mg	Citrus bioflavonoid	50mg
Niacinamide	50mg		
Pantothenic acid	50mg	Acerola powder	50mg
Vitamin B6	25mg		
Biotin	50µg	Calcium	500mg
Choline	50mg	Magnesium	250mg
Inositol	50mg	Zink	11,25mg
PABA	50mg	Copper	1,5mg
Vitamin B12	50µg	Selenium	20,2µg
Betaine hydrochloride	25mg	Vitamin E	414,61NE-287,3mgTE
Folate	400µg	Manganese	5mg
Iron	15mg	Iodine	225µg
L-glutamic acid hydrochloride	25mg	Fish oil EPA: 107mg DHA: 12,8mg	

MULTI PROFİ BASIC (30-daily packages)



SUPPLEMENT FACTS serving size in 1-daily pack:			
Vitamin A	10000NE-3006µgRE	Vitamin D3	1300NE-32,5µg
Vitamin B1	150mg	Vitamin C	1000mg
Vitamin B2	40mg	Rosehip	10mg
Pantothenic acid	50mg	Citrus bioflavonoid	50mg
Niacinamide	50mg	Acerola powder	50mg
Vitamin B6	25mg		
Biotin	50µg	Calcium	500mg
Choline	50mg	Magnesium	250mg
Inositol	50mg	Zink	11,25mg
PABA	50mg	Copper	1,5mg
Vitamin B12	50µg	Selenium	20,5µg
Betaine hydrochloride	25mg	Vitamin E	414,61NE-287,3mgTE
Folate	400µg	Manganese	5mg
Iron	15mg	Iodine	225µg
Soy lecithin	1200mg	Fish oil from this EPA: 1307mg DHA: 216mg	144mg
L-glutamic acid hydrochloride	25mg		

MULTI PROFİ PLUS (30-daily packages)



SUPPLEMENT FACTS serving size in 1-daily pack:			
Vitamin A	10000NE-3006µgRE	Citrus bioflavonoid	50mg
Vitamin B1	100mg	Vitamin C	1500mg
Vitamin B2	25mg	Rosehip	10mg
Niacinamide	25mg	Acerola powder	50mg
Pantothenic acid	25mg	Vitamin D3	2100NE-52,5µg
Vitamin B6	25mg		
Biotin	25µg	Vitamin E	414,61NE-287,3mgTE
Choline	25mg		
Inositol	25mg	Vitamin K2	90µg
PABA	25mg	Magnesium	100mg
Vitamin B12	25µg	Selenium	20,5µg
Folic Acid	400µg	Spirulina	500mg
Fish oil EPA: 235mg, DHA: 156,8mg			1306,88mg

MULTI PROFİ PALEO (30-daily packages)



SUPPLEMENT FACTS serving size in 1-daily pack:			
Vitamin A	10000NE-3006µgRE	Citrus bioflavonoid	50mg
Vitamin B1	150mg	Vitamin D3	1300NE-32,5µg
Vitamin B2	40mg		
Niacinamide	50mg	Vitamin E	414,61NE-287,3mgTE
Pantothenic acid	50mg		
Vitamin B6	25mg	Calcium	500mg
Biotin	50µg	Magnesium	250mg
Choline	50mg	Zink	11,25mg
Inositol	50mg	Copper	1,5mg
PABA	50mg	Selenium	20,5µg
Vitamin B12	50µg	Manganese	5mg
Betaine hydrochloride	25mg	L-glutamic acid hydrochloride	25mg
Folate	400µg	Coenzyme Q10	60mg
Vitamin C	1000mg	Iron	15mg
Rosehip	10mg	Iodine	225µg
Acerola powder	50mg	Fish oil ebből EPA: 907mg DHA: 352mg	179,8mg
L-carnitine	20mg		
Odorless garlic oil*	2mg	Ginkgo Biloba leaf extract	120mg
Flavon glycoside	28,8mg	Terpene lactone	7,2mg

*allicin content 0,7mg

MULTI PROFİ SENIOR (30-daily packages)



SUPPLEMENT FACTS serving size in 1-daily pack:			
Calcium	126mg	Vitamin B1	4,5mg
Vitamin C	370mg	Manganese	2mg
Magnesium	63mg	Vitamin B2	5mg
Vitamin E	33NE-22,5mgTE	Biotin	45 µg
Bioflavonoids	50mg	Folic acid	400µg
Vitamin D3	3000NE-75µg	Vitamin B12	18µg
		Pantothenic acid	10mg
Iron	9mg	Vitamin K1	30µg
Vitamin A	5000NE-1500µgRE	Coline	50µg
		Inositol	50µg
Niacin	20mg	Iodine	150µg
Copper	1mg	Selenium	15µg
Zink	7,5mg	Chromium	20µg
Vitamin B6	6mg	Molybdenum	20µg
Cranberry concentrate powder (50:1)	84mg	Fish oil concentrate Omega-3 fatty acid EPA: 250 mg DHA: 150 mg 100 mg	500mg

MULTI PROFİ TEENS (30-daily packages)



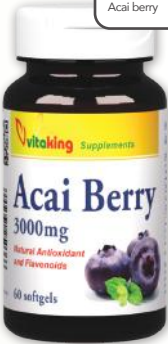
SUPPLEMENT FACTS serving size in 1-daily pack:			
Vitamin A	10000NE-3006µgRE	Vitamin D3	1300NE-32,5µg
Vitamin B1	150mg	Vitamin E	414,61NE-287,3mgTE
Vitamin B2	40mg		
Niacinamide	50mg	Folate	400µg
Pantothenic acid	50mg	Calcium	500mg
Vitamin B6	25mg	Magnesium	250mg
Biotin	50µg	Zink	11,25mg
Choline	50mg	Copper	1,5mg
Inositol	50mg	Selenium	20,5µg
PABA	50mg	Manganese	5mg
Vitamin B12	50µg	Iron	15mg
Betaine hydrochloride	25mg	L-glutamic acid hydrochloride	25mg
Vitamin C	1500mg	Iodine	225µg
Rosehip	455mg	Glucosamine	550mg
Soy lecithin	1200mg	Chondroitine	250mg
Fish oil (EPA: 216mg, DHA: 144mg)	1200mg	MSM	350mg

MULTI PROFİ SPORT (60-daily packages)

HERBS

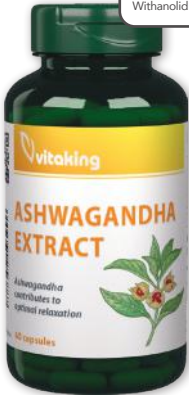


High content of active ingredients in excellent quality - this is the basic pillar of Vitaking's products. Our preparations are made up of mixtures of different components that exert a beneficial effect on each other. Vitaking is paying particular attention to this synergy.



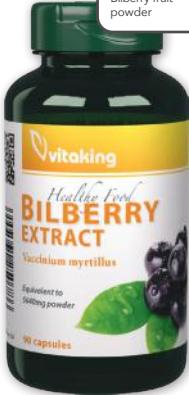
SUPPLEMENT FACTS	
serving size 2 softgels:	
Acai berry	150mg

ACAI BERRY
(60 softgels)



SUPPLEMENT FACTS	
serving size 1 capsule:	
Aswagandha extract	240mg
Withanolide content: 12mg	

ASHWAGANDHA
(60 veggie capsules)



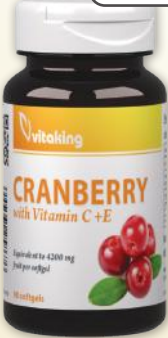
SUPPLEMENT FACTS	
serving size 3 capsules:	
Bilberry fruit powder	1410mg

BILBERRY EXTRACT
(90 veggie capsules)



SUPPLEMENT FACTS	
serving size 1 capsule:	
Cinnamon bark extract	375mg
(equivalent to 1500mg powder)	

CINNAMON
(90 veggie capsules)



SUPPLEMENT FACTS	
serving size 3 softgels:	
Cranberry concentrate powder (50:1) (Equivalent to 12,6g fresh cranberry)	252mg
Vitamin C	60mg
Vitamin E	6,3mgTE-9NE

CRANBERRY fruit concentrate
(90 softgels)



SUPPLEMENT FACTS	
serving size 1 capsule:	
Echinacea purpurea extract (4:1)	250mg
Equivalent to 1000mg fresh Echinacea purpurea plant	

ECHINACEA
(90 capsules)



SUPPLEMENT FACTS	
serving size 4 softgels:	
Evening primrose oil	2000mg
Of which: Gamma-linolenic acid	180mg

EVENING PRIMROSE OIL
(100 softgels)



SUPPLEMENT FACTS	
serving size 2 capsules:	
Fenugreek seed	1220mg

FENUGREEK SEED
(90 capsules)



SUPPLEMENT FACTS serving size 1 softgel:	
Garlic oil	30mg
Allicin	15mg

GARLIC OIL
(90 softgels)



SUPPLEMENT FACTS serving size 1 tablet:	
Ginkgo Biloba leaf extract	60mg
Of which:	
Flavone glycoside 24,67%	14,8mg
Quercetin 11,64%	6,98mg
Kaempferol	6,4mg
Isorhamnetin	1,4mg
Terpene lactones 7,68%	4,6mg

GINKGO BILOBA 60mg
(90 tablets)



SUPPLEMENT FACTS serving size 1 capsule:	
Ginkgo Biloba leaf extract	120mg
Of which:	
Flavone glycoside 24%	28,8mg
Terpene lactones 6%	7,2mg

GINKGO FORTE 120mg
(60 capsules)



SUPPLEMENT FACTS serving size 1 capsule:	
Ginseng extract	400mg
Of which ginsenoside 2%	8mg

GINSENG EXTRACT
(60 and 90 veggie capsules)



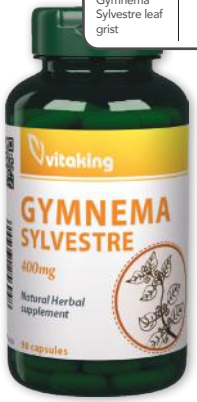
SUPPLEMENT FACTS Serving size 1 capsule:	
Grape Seed extract from this Proantocianid 95%	400mg 380mg
Flooded Japanese bitterwort extract from this Resveratrol 98%	10,25mg 10mg

GRAPE SEED EXTRACT
(90 veggie capsules)



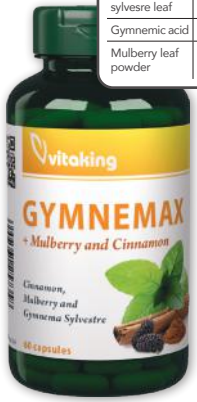
SUPPLEMENT FACTS serving size 3 capsules:	
Grapeseed dried powder	1200mg

GRAPE SEED
(90 capsules)



SUPPLEMENT FACTS serving size 1 capsule:	
Gymnema Sylvestre leaf grist	400mg

GYMNEMA SYLVESTRE
(90 veggie capsules)



SUPPLEMENT FACTS serving size 3 capsules:	
Cinnamon bark	750mg
Gymnema sylvestre leaf	750mg
Gymnemic acid	75mg
Mulberry leaf powder	750mg

GYMNEMAX
(60 capsules)



SUPPLEMENT FACTS serving size 1 tablet:	
Diosmin	450mg
Blueberry extract	145mg
Vitamin C	100mg
Horse chestnuts extract	100mg
Rutin	50mg
Hesperidin	45mg

HORSE CHESTNUT COMPLEX
(60 tablets)



SUPPLEMENT FACTS serving size 2 capsules:	
Lemon Balm leaf	1000mg

LEMON BALM
(60 capsules)



SUPPLEMENT FACTS serving size 3 capsules:	
Maca root powder	1500mg

MACA
(60 and 90 veggie capsules)



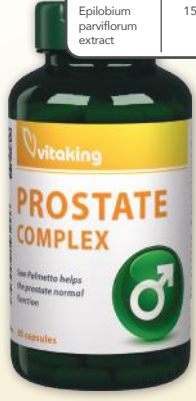
SUPPLEMENT FACTS serving size 1 capsule:	
Milk thistle extract	500mg

MILK THISTLE EXTRACT
(80 capsules)



SUPPLEMENT FACTS serving size 1 capsule:	
Olive leaf extract	500mg
Oleuropein content	100mg

OLIVE LEAF EXTRACT
(60 capsules)



SUPPLEMENT FACTS serving size 1 capsule:	
Nettle root extract	200mg
Saw palmetto extract	200mg
Epilobium parviflorum extract	150mg

PROSTATE COMPLEX
(60 capsules)

SUPPLEMENT FACTS	
serving size 2 capsules:	
Turmeric powder	1440mg
Of which curcumin	40mg



TURMERIC
(60 capsules)

CHIA - AZTEC SAGE
(500g)



NUTRITION FACTS 100g	
Energy	490kcal/ 2051,5kJ
Fat	31g
Of which: Saturated fatty acids	3g
Monounsaturated fatty acids	2,1g
Polynsaturated fatty acids	23,3g
Carbohydrate	44g
Omega-3	17,5g
Omega-6	5,785g
Cholesterol	0g
Fiber	38g
Protein	16g
Sodium	0,019g
Calcium	631mg
Phosphor	948mg
Manganese	2,2mg
Zink	3,5mg

Syrups for children and adults

SUPPLEMENT FACTS	
serving size 15 ml:	
Propolis extract	357mg
Echinacea extract	178,5mg
Royal Jelly	178,5mg
Vitamin C	35mg
Zink	7,5mg
Grape seeds extract	1,5mg



PROPOLIS SYRUP 100ml
(with Royal Jelly)

MINERALS

Minerals are only present in small amounts in our body, so it is extremely important to ensure proper supplementation. We offer a wide range of mineral preparations, where everyone can find the right solution.

NEW PRODUCT

SuperSalt®
Ásványi Só

53%-al kevesebb nátrium

1 kg

53%
LESS SODIUM

200 g

200 g

NUTRITION VALUES
in 6g:

Energy	1,62Kcal 6,9KJ
Total fat	0g
Saturated fatty acids	0g
Carbohydrates	0g
Sugars	0g
Protein	0g
Salt	2,82g
Potassium	1488mg
Magnesium	3,42mg
Sodium	1086mg
Zink	1,87mg
Manganese	0,372mg
Copper	198µg
Iodine	138µg
Selenium	10,56µg
Molybdenum	9,6µg
Chromium	7,32µg
Vitamin B12	0,9µg

SUPPLEMENT FACTS
serving size 1 tablet:

Calcium	500mg
Magnesium	250mg

CALCIUM
+ MAGNESIUM

Balanced Mineral Support

Ca Mg

100 tablets

SUPER SALT®
(200g and 1kg)

CALCIUM + MAGNESIUM
(100 tablets)

SUPPLEMENT FACTS
serving size 3 softgels:

Calcium	150mg
Magnesium	75mg
Vitamin D	1200NE-30µg

CALMAG

Citrate + Vitamin D3

Calcium and magnesium formula with Vitamin D3

90 softgels

SUPPLEMENT FACTS
serving size 3 tablets:

Calcium	1000mg
Magnesium	400mg
Zink	25mg

CALCIUM+
MAGNESIUM+
ZINC

Balanced Mineral Support

Ca Mg Zn

100 tablets

SUPPLEMENT FACTS
serving size 1 tablet:

Chromium	200µg
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Chromium

200µg

Cr

100 tablets

SUPPLEMENT FACTS
serving size 3 capsules:

Calcium	600mg
Phosphorus	330mg
Magnesium	300mg
Iron	18mg
Zink	15mg
Manganese	4,5mg
Copper	2,1mg
Iodine	150µg
Molybdenum	27µg
Selenium	27µg
Chromium	25,5µg

EASY
MINERAL

Phosphorus contributes to the maintenance of normal tooth and bone.

90 capsules

SUPPLEMENT FACTS
serving size 4 tablets:

Iodine	600µg =100mg Kelp sea algae
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IODINE

150µg

Iodine contributes to normal thyroid function

240 tablets

CALCIUM
+ MAGNESIUM
+ VITAMIN D3
(90 softgels)

CALCIUM
+ MAGNESIUM
+ ZINK
(100 tablets)

CHROMIUM
(100 tablets)

EASY MINERAL
(90 capsules)

IODINE
(240 tablets)

11



SUPPLEMENT FACTS	
serving size 2 tablets:	
Vitamin B1	1,5mg
Vitamin B2	3mg
Vitamin B12	8µg
Vitamin C	66,7mg
Calcium	214mg
Iron	38mg
Rosehip	2mg
Dried liver	66,7mg
Inositol	2mg
L-lysine	20mg
Biotin	0,5µg
Choline	1,5mg
PABA	10µg

IRON COMPLEX
(100 tablets)



SUPPLEMENT FACTS	
serving size 1 dose:	
Magnesium	250mg

**MAGNESIUM-CITRATE
POWDER**
(160 gramm)



SUPPLEMENT FACTS	
serving size 1 tablet:	
Magnesium (1054mg organic magnesium citrate)	150mg
Vitamin B6	6mg

**MAGNESIUM CITRATE
+ VITAMIN B6**
(30 and 90 tablets)



SUPPLEMENT FACTS	
serving size 1 capsule:	
Magnesium	100mg
Vitamin K2	90µg
Vitamin D3	25µg - 1000NE

MAGNETRIO
(30 and 90 veggie capsules)



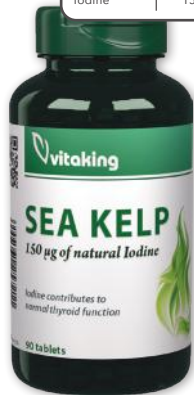
SUPPLEMENT FACTS	
serving size 2 tablets:	
Magnesium	200mg (organic magnesium taurate)

MAGNESIUM TAURATE
(60 and 120 tablets)



SUPPLEMENT FACTS	
serving size 1 tablet:	
Vitamin D	200NE-5µg
Calcium	500mg
Iron	15mg
Iodine	75µg
Magnesium	250mg
Zink	11,25mg
Copper	1,5mg
Manganese	5mg
L-glutamic acid hydrochloride	25mg
Betaine hydrochloride	25mg

**MULTI MEGA MINERAL
+ Vitamin D3**
(90 tablets)



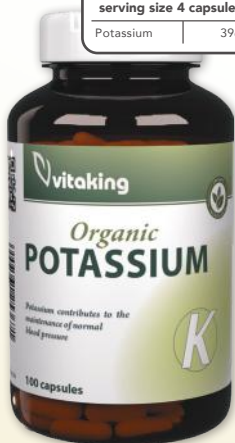
SUPPLEMENT FACTS	
serving size 1 tablet:	
Iodine	150µg

SEA KELP (IODINE)
(90 tablets)



SUPPLEMENT FACTS	
serving size 1 capsule:	
Selenium	100µg

SELENIUM
(90 capsules)



SUPPLEMENT FACTS	
serving size 4 capsules:	
Potassium	396mg

POTASSIUM
(100 capsules)



SUPPLEMENT FACTS	
serving size 1 tablet:	
Zink	25mg

ZINC GLUCONATE 25mg
(90 tablets)



SUPPLEMENT FACTS	
serving size 1 chewable tablet:	
Zink	23mg
Vitamin C	60mg
Echinacea extract	3,33mg

ZINC IMMUNO
(60 chewable tablets)

OTHER NUTRIENTS

Every person's body has different needs. There are nutrients that are not classified as vitamins even though they are very helpful. It is important to choose supplements according to our lifestyle, eating habits, possible illnesses and our environment.

General multivitamin supplements are essential but if our lifestyle requires it is advised to supplement our diet with other nutrients as well.



NUTRITION VALUES in daily dose (3g):

Energy	11,3kcal 47,3 KJ
Fat	<0,234g
Of which saturated fatty acids	<0,093g
Carbohydrate	<0,207 g
Fiber	<0,483g
Protein	1,59g
Chlorophyll	>45mg
Carotenoids	>15mg
Chlorella algae	3g



CHLORELLA ALGAE
(200 tablets)

SUPPLEMENT FACTS serving size 15 tablets:

Spirulina (microalgae)	7,5g
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SPIRULINA ALGAE
(200 tablets)

NUTRITION VALUES in dose (7g):

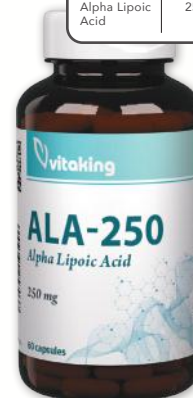
Energy	90,5kcal 21,63 KJ
Fat	<1g
Of which saturated fatty acids	<1g
Carbohydrate	<1 g
Fiber	<1g
Protein	4,2g
Salt	<1g
Chlorophyll	70mg
Polypeptide	560mg
Carotenoids	24,5mg
Spirulina algae	7g



SPIRULINA ALGAE POWDER
(250g)

SUPPLEMENT FACTS serving size 1 capsule:

Alpha Lipoic Acid	250mg
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ALPHA LIPOIC ACID
(60 capsules)

NUTRITION VALUES in dose (12g):

L-glutamine	3070mg
L-leucine	1302mg
L-lysine	1029mg
L-valine	891mg
L-phenylalanine	857mg
L-isoleucine	686mg
L-threonine	514mg
L-methionine	343mg
L-histidine	314mg
L-tryptophan	137mg



AMINO ACID COMPLEX
(300g, 25 dose)

SUPPLEMENT FACTS serving size 1 softgel:

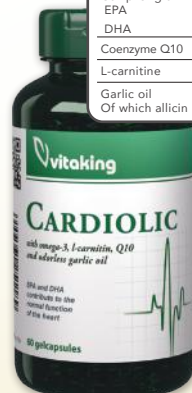
Beta-carotene	2500µgRE ~25000NE
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BETA-CAROTINE
(100 softgels)

SUPPLEMENT FACTS serving size 1 softgel:

Fish oil	800mg
Comprising of:	
EPA	333mg
DHA	167mg
Coenzyme Q10	60mg
L-carnitine	20mg
Garlic oil	2mg
Of which allicin	0,7mg



CARDIOLIC
(60 gelpcapsules)

SUPPLEMENT FACTS serving size 2 gelpcapsules:

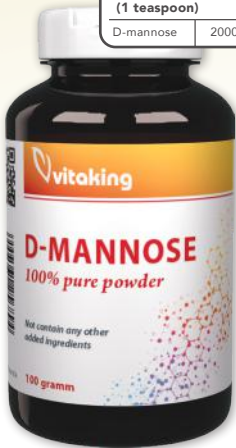
CLA (80% FFA)	2000mg
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CLA SUPER
(60 gelpcapsules)



CREATINE MONOHYDRATE POWDER
(250 gramm)



SUPPLEMENT FACTS	
serving size 1 dose: (1 teaspoon)	
D-mannose	2000mg

D-MANNOSE POWDER
(100 gramm)



SUPPLEMENT FACTS	
serving size 3 softgels:	
CLA	1200mg
Green tea extract	600mg
L-carnitine	300mg
Garcinia Cambogia extract	240mg
Sunflower lecithin	60mg
Chromium	24µg

FAT BURNER
(90 softgels)



SUPPLEMENT FACTS	
serving size 2 drops:	
Lactobacillus acidophilus	0,4x10 ⁹ CFU
Lactobacillus casei	0,4x10 ⁹ CFU
Lactobacillus rhamnosus	0,3x10 ⁹ CFU
Bifidobacterium breve	0,2x10 ⁹ CFU
Lactobacillus plantarum	0,2x10 ⁹ CFU
Bifidobacterium bifidum	0,1x10 ⁹ CFU
Bifidobacterium longum	0,1x10 ⁹ CFU
Lactobacillus helveticus	0,1x10 ⁹ CFU
Lactococcus lactis ssp lactis	0,1x10 ⁹ CFU
Streptococcus thermophilus	0,1x10 ⁹ CFU

FLORA10 DROPS
(6ml, 150 drops)



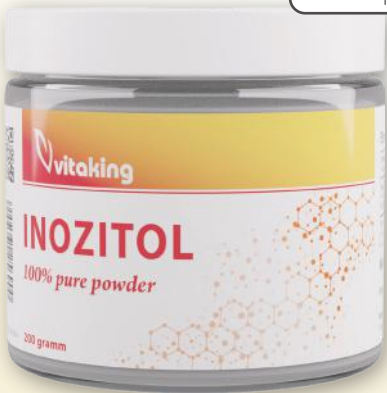
SUPPLEMENT FACTS	
serving size 2 tablets:	
Glucosamine sulphate	1100mg
MSM	700mg
Chondroitin sulphate	500mg
Rosehip powder and extract	400mg
Vitamin-C	200mg

JOINT FORMULA
(60 tablets)



NUTRITION VALUES	
in 3g:	
Energy	11,88kcal 49,71KJ
Fat	0g
Carbohydrate	0g
Of which sugars	0g
Fiber	0g
Protein	2,97g
Salt	0g

100% GLYCINE
(400 gramm)



SUPPLEMENT FACTS	
serving size 1 dose: (spilled coffee spoon)	
Myo Inositol	1500mg

INOSITOL POWDER
(200 gramm)



SUPPLEMENT FACTS	
serving size 1 softgel:	
Soy lecithin	1200mg

LECITHIN
(100 softgels)



SUPPLEMENT FACTS	
serving size 1 softgel:	
L-carnitine	680mg

L-CARNITINE
(60 tablets)



SUPPLEMENT FACTS	
serving size 1 softgel:	
Lutein	20mg
Zeaxanthin	1mg

LUTEIN
(60 softgels)

SUPPLEMENT FACTS serving size 1 capsule:	
L-lysine	300mg
Echinacea extract	100mg
Lemon Balm extract	100mg
Zink	25mg



LYSINE COMPLEX
(60 capsules)

SUPPLEMENT FACTS serving size 1 softgel:	
Fish oil	1200mg
Of which EPA	216mg
DHA	144mg



OMEGA-3 FISH OIL
(90 softgels)

SUPPLEMENT FACTS serving size 1 softgel:	
Fish oil	500mg
Of which EPA	100mg
DHA	150mg



OMEGA-3 FOR KIDS
(100 softgels)

SUPPLEMENT FACTS in daily dose (5ml):	
Omega-3 fatty acid	min. 2500mg
Of which EPA	min. 350mg
DHA	min. 2000mg
other Omega-3	min. 150mg
Vitamin E	11,5mg α-TE



OMEGA-3 OIL
(150 ml)

NUTRITION VALUES in 25g:	
Energy	449KJ 106kcal
Fat	2g
Of which saturated fatty acid	0,5g
Carbohydrate	3,3g
Of which sugars	<0,5g
Fiber	0,8g
Protein	19g
Salt	0,55g



PROTEIN VEGAN POWDER
(Chocolate-Cinnamon flavour,
400gramm)

NUTRITION VALUES in 45g:	
Energy	674KJ/ 161kcal
Fat	7,9g
Of which saturated fatty acid	6,1g
Carbohydrate	7,3g
Of which sugars	1,7g
Of which sugar alcohols	3,4mg
Fiber	10,7mg
Protein	11,3mg
Salt	0,05mg



CHOCOLATE PROTEIN BAR
(45gramm)

SUPPLEMENT FACTS serving size 1 tablet:	
Melatonin	5mg



MELATONIN
(60 tablets)

NUTRITION VALUES in 1g:	
Energy	4,06kcal 17KJ
Fat	0g
Carbohydrate	0g
Of which sugars	0g
Fiber	0g
Protein	0g
Salt	0g



TAURINE POWDER
(300g)

SUPPLEMENT FACTS serving size 1 softgel:	
Q10	60mg
Coenzyme	



HATÓANYAGOK 1 gélkapszulában:	
Q10	100mg
Coenzyme	



Q-10 COENZYME 60mg and 100mg
(30 and 60 softgels)

SUPPLEMENT FACTS serving size 3 capsules:	
Krill oil	1500mg
Phospholipids	630mg
EPA	180mg
DHA	105mg
Astaxanthin	300µg
Omega-3	360mg



VITAKRILL
(30 and 90 capsules)



NUTRITION VALUES in daily dose (11g):	
Energy	36kcal 151 KJ
Fat	0g
Of which saturated fatty acid	0g
Carbohydrate	0g
Of which sugars	0g
Protein	9mg
Salt	125mg
Vitamin C	500mg
Zink	15mg

COLLAGEN POWDER
(with strawberry and lemon flavour,
sweetener 330 gramm)

NUTRITION VALUES in 5g:	
Energy	19,05kcal 79,65KJ
Fat	0g
Of which saturated fatty acid	0g
Carbohydrate	0g
Of which sugars	0g
Protein	4,75g
Salt	0,005g

FISH COLLAGEN POWDER
(150 gramm)

NUTRITION VALUES in 10g:	
Energy	36kcal 153KJ
Fat	0g
Of which saturated fatty acid	0g
Carbohydrate	0g
Of which sugars	0g
Protein	9g
Salt	0,07g
Calcium	2mg

PORCINE COLLAGEN POWDER
(300 gramm)

SUPPLEMENT FACTS serving size 1 capsule:	
Hyaluronic acid	60mg
Collagen	280mg

**COLLAGEN +
HYALURONIC ACID**
(60 capsules)



The everlasting health experience

INTENTION

Introduction

VITAKING PRODUCTS:

Vitamins-B 1

Vitamins-C 2

Vitamins-D 3

Other vitamins 3

Multivitamins 4

Multivitamins for Kids 5

Liquid multivitamins 5

Multivitamins package 6

Herbs 8

Minerals 11

Other nutrients 13

Collagens 16



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